## 3 December is International Day of People with Disabilites

## What is neurodiversity?

The term neurodiverse refers individuals with hidden disabilities who have a condition related to cognitive variations that are less common to the majority of the population.

Neurodivergent individuals often face invisible challenges at work or in their daily life b they also provide uniques perspectives and ideas.

## How can we support our neurodivergent colleagues and students?

Provide concise, conrecte, and specific instructions and feedback

Provide information about changes to the workplace or tasks in advance

Educate yourself - seek out resources on neurodiversity and hidden disabilities.

Brought to you by the GLOBE Diversity Programme Steering Committee #idpwd

